

# TAD NEWS



DECEMBER 2018

## Festivals of the Month:

**DOMESTIC GOODS WEEK (Tutum Yatırım ve Türk Malları Haftası):** This local Turkish festival is being celebrated between 12-18 December since 1946. In this week, We try to consume locally produced products as much as possible and to increase the awareness about the local products.

**NEW YEAR:** What did new year bring us?, When do we celebrate new year? We track the months and days from the calendars. We celebrate the last night of the year to enter the new year. We grow a year older. We wish NEW YEAR'S happiness, peace and health to everyone.

*Jingle bells, jingle bells, Jingle all the way, Oh what fun it is to ride, in a one-horse open sleigh, hey, Jingle bells, jingle bells, Jingle all the way, Oh what fun it is to ride, In a one-horse open sleigh...*

*-JAMES PIERPONT*



## Artist of the Month:

Vincent Willem van Gogh (30 March 1853 – 29 July 1890) was a Dutch post-impressionist painter. His work had a great influence on modern art because of its striking colours and emotional power. Vincent van Gogh died on July 29, 1890, having produced some of the best known and most expensive works of art in the world today. His painting *The Starry Night* (1869) has become one of the most celebrated art masterpieces of all time.

## Instrument of the Month: Violin

The modern day style violin was first made near the start of the European Renaissance in the 1500s. Prior to that there had been other stringed instruments that used a bow to vibrate the strings such as the lyra and the rebec from the middle ages.



## Topics of the Month

**1ST WEEK:** We learn months of the year, Winter Clothes, What is snowflake?, Hibernation, Disability week”

**2ND WEEK:** Food pyramid, Where can we buy fruit and vegetables?, What do you need to cook food?, Domestic Goods week

**3RD WEEK:** Dinosaur species, why did dinosaurs extinct? What do they eat? Occupations, community helpers

**4TH WEEK:** New Years Calendar, Tree Gifts, New Year’s Party

## CONCEPTS

**2-3 years old :** Red, yellow, blue, triangle, short-tall, healthy-unhealthy, bitter-sweet, new, hard-soft, front-back, year, today-tomorrow, Number 2, Counting 1 to 5

**3-4 years old:** yellow, blue, circle, triangle, tall-short, healthy-unhealthy, bitter-sweet, new, soft-hard, front-back, year, today-tomorrow, Number 4, counting 1 to 7

**5 years old:** Main Colours, Orange, Shapes, Star, Healthy-Unhealthy, New-Old, Soft-Hard, Tall-short, Thin-Thick, Yesterday-Today-Tomorrow, Before-Now-Later, Fresh-Stale, Numbers 11-12, Counting 1 to 20

## Extracurricular Activities

**ZUMBA:** Easy and fun choreography dances with lots of bouncing and jumping has been created. Zumba kids is the dance that teaches children to feel free to use the rhythm and energy correctly. We understand their enjoyment. Their energy and from the keenness on their face during the lesson

**GYMNASTICS:** In gymnastic class we taught students to flip front, working together played joyful exercises (magnet game). Teacher creates coordination adventurous path and the students carried on with rough motor skills exercise. Dear parents and students hope this new year will bring happiness, health and peace all the best to all.

**YOGA:** In December, we played games and formed our asanas (positions) with stories. For our spine development and to have a balanced and coordinated body we formed positions which also make our organs active. We did a balloon breathing exercise which activates our brain, gives us energy and helps us learn faster. We did meditation exercises based on empathy, patience and awareness.

**MUSIC:** In December we learn how to practice with different instruments such as triangle steel, maracas and rhythm bar. The use of these instruments taught the students to differentiate and learn the use of instruments according to the beats and sounds of the song. Melody given by the teacher was used to understand the low and high note/pitches of the song and learned which instrument is used with that note. Desk bells were played with coloured notes. The teacher explained how Xylophone works and what it sounds like when it’s played. For new year we sang “jingle bells, snowflake and santa”



# MONTHS FIELD TRIP

## Dairy Product Factory

The students saw the packaging process of milk, yoghurt, cream cheese and cheese at Dairy product factory. The first visit to a factory and looking at all those big and different machines work was an exciting experience for the students.



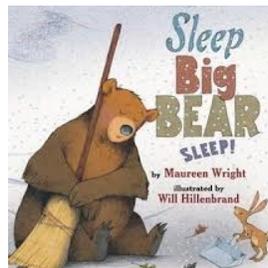
## ORGANIC FARM

### EGE UNIVERSITY-

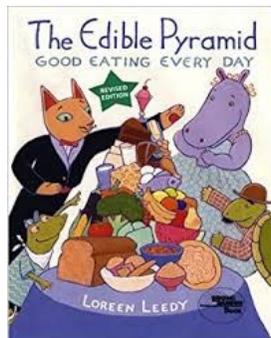
The students explored the field and the green house. They were showed the plantation of vegetables and got a chance to plant the half-grown vegetables. They enjoyed the plucking and collecting of the oranges from the tree.



# BOOKS TO READ



**SLEEP BIG BEAR SLEEP!**



**THE EDIBLE PYRAMID**

# Psychologist Column

## 15 Questions to Replace ‘How Was School Today?’

These questions will help you draw out important information from your kids.

How many times have you asked your child, “How was school today?” and been frustrated by the lack of response? As a parent, I’m guilty of asking my son this question all the time, even though I usually don’t get much in return.

Sometimes (to be honest), I haven’t had the energy for a real conversation. Other times, I just can’t think of what to ask. As a teacher, I have often wished that kids would share stories of the awesome things we were doing with their parents, but I couldn’t figure out how to make that happen.

Now that my son is in middle school—where communication from teachers is less than it was when he was in elementary school and more stuff is happening at school that I need to be aware of—I’ve identified a list of questions that draw out important information. I wish that when I was in the classroom I’d been able to offer this list to parents so that they could hear about what we were doing in our class.

### THE QUESTIONS

With slight wording modifications, these questions can work with children of all ages:

1. Tell me about a moment today when you felt excited about what you were learning.
2. Tell me about a moment in class when you felt confused.
3. Think about what you learned and did in school today. What’s something you’d like to know more about? What’s a question you have that came from your learning today?
4. Were there any moments today when you felt worried? When you felt scared?
5. Were there any times today when you felt disrespected by anyone? Tell me about those moments.
6. Were there times today when you felt that one of your classmates demonstrated care for you?
7. Were there any moments today when you felt proud of yourself?
8. Tell me about a conversation you had with a classmate or friend that you enjoyed.
9. What was challenging about your day?
10. What do you appreciate about your day?
11. What did you learn willingness to share the highlights and bright spots, as well as the difficult moments. This will fuel their confidence in telling you more.

What questions bring about the most conversation between you and your kids?

Reference: [https://www.edutopia.org/blog/parents-fifteen-questions-replace-how-was-school-today-elena-aguilar?utm\\_source=facebook&utm\\_medium=socialflow](https://www.edutopia.org/blog/parents-fifteen-questions-replace-how-was-school-today-elena-aguilar?utm_source=facebook&utm_medium=socialflow)

### **About yourself today?**

12. Is there anything that you'd like to talk about that I might be able to help you figure out?

13. Is there anything you're worried about?

14. What are you looking forward to tomorrow?

15. Is there a question you wish I'd ask you about your day?

### **TIPS FOR ASKING QUESTIONS**

How and when we ask these questions makes a big difference in the information we receive from our kids. First, you don't want to ask all of these questions on the same day. You might ask one or two. After a while, you'll figure out which ones elicit the most meaningful responses. You'll want to ask during a time when you have the ability to focus so that your child feels they have your full attention. With my child—and in my household—dinner and driving in the car are optimal times for these conversations.

Now these conversations have become routine. My son knows that when we drive to school I'll ask him what he's looking forward to, if there's anything he's worried about, and if there's anything he wants to talk about with me that I might be able to help him figure out.

### **MORE SUGGESTIONS**

The following can help your conversations be positive and powerful:

\* Don't interrupt. This is a good rule for any conversation, but especially if you want to get a lot of information out of a kid.

\* Ask for more. Simply say, "I'd love to hear more about that..." Or, "Can you expand on that a little?"

\* Ask about feelings. After a child describes an experience, ask, "How did you feel in that moment? What did you notice about your feelings?"

\* Validate feelings. Whatever your kid feels is normal and okay. Let them know that. Feelings are okay. Tell them this.

## **Contact Us**

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